

# Case Management Program for Men who use Family Violence: Information for Professionals

Relationships Australia Victoria (RAV) provides the Men's Case Management Program for male adult perpetrators of family violence in the inner east (Kew), outer east (Boronia), southern (Cranbourne North) and Brimbank Melton (Sunshine) regions of Melbourne.

## The program

The program actively engages male adult perpetrators of family violence to identify the key changes that will enable them to take responsibility for and change their behaviour, and enable the victim survivor to live safely.

RAV's case managers provide a tailored service response by coordinating access to specialist services including mental health, alcohol and other drugs (AOD), and housing services. The program provides each client with up to 20 hours of support, which can be accessed on a weekly basis.

The program may provide brokerage funding to purchase products or services that will stabilise the perpetrator's circumstances, where it is assessed that this will reduce the risk to victim survivors.

## Target group

The program is designed for, and targeted at male adult perpetrators of family violence who are aged 18 years or over, and who meet at least one of the following criteria:

- have been removed from the home as a result of using violence against family members and require practical support around managing risk
- have been assessed as currently unsuitable to participate in a Men's Behaviour Change Program (MBCP) due to complex needs, including mental health, AOD, and homelessness or housing issues, for which they require intervention, support or stability before they can be assessed as suitable to safely participate in an MBCP
- are currently attending an MBCP and require additional practical and psychological supports to encourage and maintain their engagement with the program, and to address the risks associated with their use of violence, including risk to themselves (self-harm and suicidal ideation)
- have completed an MBCP but would benefit from further case management support to better manage their use of family violence.

## Key components

The program offers trauma-informed, individual case management support. It does not replace an MBCP.

It is comprised of the following three components.

### Coordinated access to services to address issues such as:

- mental and physical health issues
- drug and alcohol use
- accommodation issues
- parenting issues
- financial challenges
- legal difficulties
- unemployment
- social isolation.

### Family violence education

- Understanding the impact of abuse, control and violence on family members.
- Understanding the impact of family violence on children.
- Referral to a Men's Behaviour Change Program.

### Family safety support

The safety of women and children is central to the program and family safety workers will contact partners to do risk assessments, safety planning and offer support and education.

## Location

The program can be provided face-to-face at one of our centres in Boronia, Kew, Cranbourne North or Sunshine, or over the telephone.

## Cost

This program is fully-funded and is provided at no cost to clients.

## Referrals

This program is suitable for referrals from local police referral (L17) intake service providers, courts, members of an Orange Door (Support and Safety Hub), Men's Referral Services, specialist family violence services, child protection and Child FIRST/family services, Risk Assessment and Management Panels; and mental health and AOD services where these issues are identified as barriers to men changing their behaviour, and keeping victim survivors safe.

Individuals can also self-refer to the program. Perpetrators who are on bail or a Community Corrections Order are not eligible to participate in the program.

Before commencing the service, RAV's case manager may seek a preliminary meeting with the referring worker and client on-site at the referring organisation/ service/agency for an initial hand-over assessment and as a way of engaging the client.

## Contact us

For more information or to make a referral, please contact your nearest centre.

### Boronia and Kew

Call: (03) 9261 8700  
Email: [mcmkew@rav.org.au](mailto:mcmkew@rav.org.au)

### Cranbourne North

Call: (03) 5911 5400  
Email: [mcm@rav.org.au](mailto:mcm@rav.org.au)

### Sunshine

Call: (03) 8311 9222  
Email: [mcmsunshine@rav.org.au](mailto:mcmsunshine@rav.org.au)



Relationships Australia Victoria acknowledges the support of the Victorian Government.

## About RAV

We are a community-based, not-for-profit organisation with no religious affiliations. We have over 70 years' experience providing family and relationship support services. Our vision is for positive, respectful, safe and fulfilling relationships for all Australians.

Our services are for all members of the community, regardless of their religion, age, gender, sexual orientation, lifestyle choice, cultural background or economic circumstances. We are committed to ensuring that our services are relevant, inclusive and accessible.

We provide our services from 18 locations across metropolitan Melbourne and regional Victoria, through additional outreach sites, and via telephone and online platforms.

For more information about RAV, visit [www.rav.org.au](http://www.rav.org.au)



*Relationships Australia Victoria acknowledges the Aboriginal and Torres Strait Islander peoples as the Traditional Owners of the lands and waterways of Australia. We support Aboriginal people's right to self-determination and culturally safe services.*